

PE curriculum 2022-23

EYFS

Reception	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Healthy hearts (settling in)		Gymnastics – Circle of life		Dance – Once Upon a Time (Jack and the Beanstalk)	Athletics (can be outdoor) – Sports day
Outdoor	Fundamentals 1	Fundamentals 2	Fundamentals 3	Throwing and Catching	Bat and Ball skills (Tennis)	Athletics - Sports day

KS1

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Gymnastics – Wonderful Wheels		Dance – Wild about Africa		Bat and Ball skills (Tennis)	Athletics (can be outdoor) – Sports day
Outdoor	Fundamentals 1	Fundamentals 2	Throwing and catching		Bat and Ball skills (Tennis)	Athletics - Sports day

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Gymnastics – Where My Wellies Take Me		Throwing and catching	Indoor Athletics	Dance – Toy Story	
Outdoor	Fundamentals 1	Fundamentals 2	Bat and Ball skills (Tennis)		Fundamentals 3	Athletics - Sports day

KS2

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Gymnastics – The Great British adventure		Dance – Scrumdiddlyumptious (Mayans)		Dance – Starting from Stone (Rock formation)	Athletics (can be outdoor) – Sports day
Outdoor	Cross country		Invasion Games – hockey, rugby, basketball, tennis	Athletics	Bat and Ball skills (Cricket)	Bat and Ball skills (Rounders)
	Game play - football	Game play - netball				

Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Swimming		Gymnastics – Inside Out	Dance – Inside Out	Athletics (can be outdoor) – Sports day	
Outdoor	Cross country		Invasion Games – hockey, rugby, basketball, tennis	Bat and Ball skills (Cricket)	Bat and Ball skills (Rounders)	
	Game play - football	Game play - netball				

Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Dance – What's Out There? (Space)		Gymnastics		Athletics (can be outdoor) – Sports day	
Outdoor	Cross country		Invasion Games – hockey, rugby, basketball, tennis – Invaders and Traders (Vikings)		Bat and Ball skills (Cricket)	Bat and Ball skills (Rounders)
	Game play - football	Game play - netball				

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Indoor (can be outdoor)	Dance – Back in Time for Tea (Lindy Hop – WW2)	Dance – Back in Time for Tea (Dance through the decades)	Gymnastics – On the Edge (Survival)		Athletics (can be outdoor) –Sports day Groovy Greeks (Olympic Games)	
Outdoor	Cross country		Invasion Games – hockey, rugby, basketball, tennis – On the Edge (Evolution/Survival)		Bat and Ball skills (Cricket)	Bat and Ball skills (Rounders)
	Game play - football	Game play - Netball				