**Different ways of working ‘In the zone’**

**Each zone is approximately 5m x 5m**

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| **Across the grid**  Children can work on the same activity across the grid at the same time for e.g. Throwing for distance/running fast  **X (pupil)** | **Two zones together**  Children can play against/work cooperatively with another child across 2 zones. (e.g. net games – kicking) This potentially could increase to 4 zones if the activity allowed. | **Individually in a zone**  Children work on the same skill at the same time in their respective zones e.g.  Footwork patterns/ Throwing and catching, Zumba as teacher directed. | **Moving between zones**  Children work on a different skill in each zone. Opportunity to rotate through zones in their line. The activities would be the same across the grid. |
| **X(pupil)** | **Net game -pupil 1** |  | E.g. Running over obstacles |
| **X(pupil)**  **Start X** (pupil) **Line** | **Net Game- pupil 2** |  | E.g. Target throw |
|  | **Working cooperatively Kicking across zones**  **Pupil 1** |  | E.g Speed bounce |
|  | **Working cooperatively Kicking across zones**  **Pupil 2** |  | 3 continuous hops |

**Other ideas:**

For a non-equipment circuit each child creates their own activity in their zone and then children move between zones doing the activity according to the zone.

In addition to grids children could work independently on a task against a wall observing social distancing E.g. Aiming

Children’s belongings e.g. socks can be used to throw, shoes can be used to mark distances achieved.

OAA – Individual and team Scavange Hunts could be set up with children running and collecting e.g. leaf / twigs/ their own belongings and then returning to their grid. The next person goes when the person in front of them in their grid line returns.

Children create their own social distancing game with a partner in the next zone.

Children could have their own ball which they keep in their PE bag.